

UPCOMING EVENTS

The HSCD has a very busy spring planned and we want to let our membership know about all of our upcoming activities. Take a look and see what interests you-our Death Cafés have been very well attended, and we have enjoyed some lively discussions. In May we will be sponsoring a film night in partnership with the library. The movie “Disclosure” promises to be a great watch, having won an Academy Award for Best Foreign film. And once again plans for the annual Hike for Hospice are underway-check out the poster and print off a pledge sheet to begin asking for donors.

We are proud to announce 2 new events this spring. We will participate in a fundraiser with the Camrose Casino-we are very grateful for any volunteers who can help us out. Contact info below. The Grief and Bereavement program is partnering with other community resources to offer a “Widower’s Kitchen”-please see the poster below and spread the word to anyone who may be interested!

As always, thank you for your support. The HSCD is working hard to bring a hospice to Camrose in the near future!



March 31, April 1, 2, 8 and 9:

Being With Dying is a palliative volunteer training program offered by the HSCD. The program helps individuals explore their own feelings regarding dying and loss, looks at the holistic approach to end of life care and the role of the volunteer.



Hospice Society of Camrose and District - Volunteer Training

Lessons for Living

Being with Dying

✚ **Introduction to Being With Dying and the Value of Silence
(March 31)**

✚ **Effective Communications, Family Dynamics,
Emotional and Spiritual Support (April 1 and April 2)**

✚ **Physical Care of the Dying, Grief and Bereavement, Self Care
(April 8 and April 9)**

Hospice Care

**...provides
compassionate
care to the dying
and their loved ones.**

**Contact us if you
wish to volunteer
or need support**

Volunteer Training

Cost: \$35

**Friday: 7-9:00 PM
Saturdays: 9-4 PM
Sundays: 9-4 PM**

**Fire Hall
201 Mount Pleasant Drive**

Everyone Welcome!

Register @ www.camrosehospice.org or

Phone Wanita @ 780-678-6859



April 11, 2017:

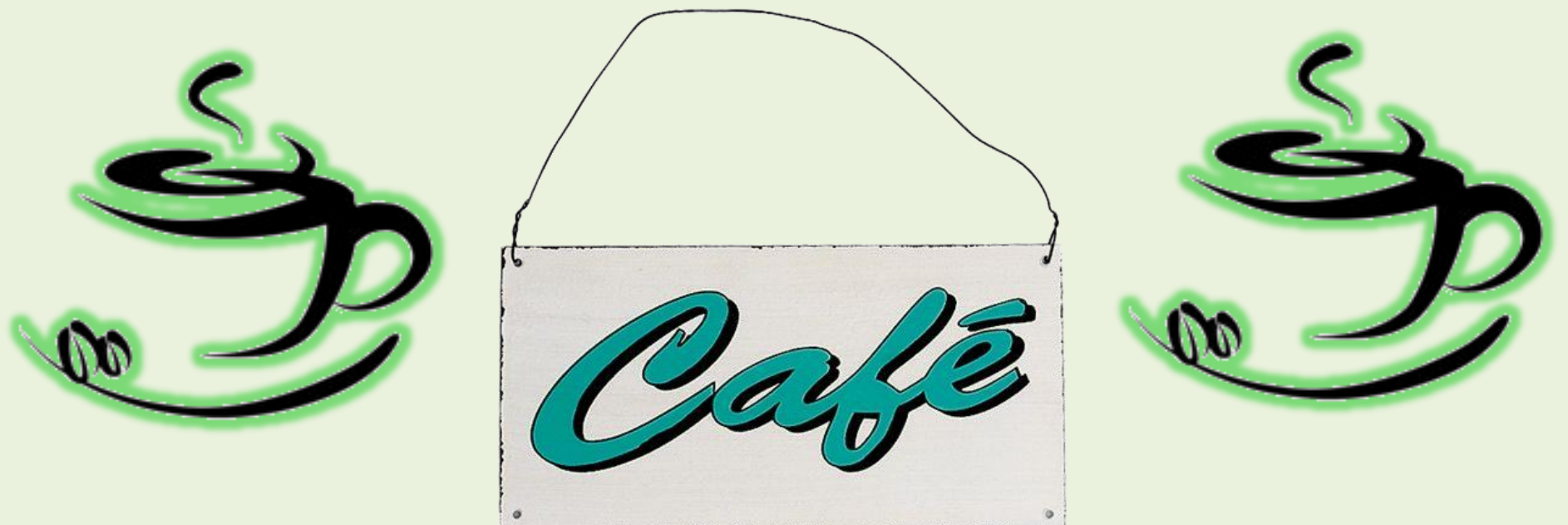
Death Café being held at the library. All are welcome to attend.

DEATH CAFÉ



Through open conversation in a natural, comfortable setting, we can bring death out of silence and increase awareness of death while helping people make the most of their lives.

Tuesday, January 24
Wednesday, February 15
Wednesday, March 15
Tuesday, April 11
Tuesday, May 23
7pm at Camrose Public Library





Hospice Society
OF CAMROSE AND DISTRICT

May 2, 2017:

Movie Night at the library.



Exploring Death Through Film

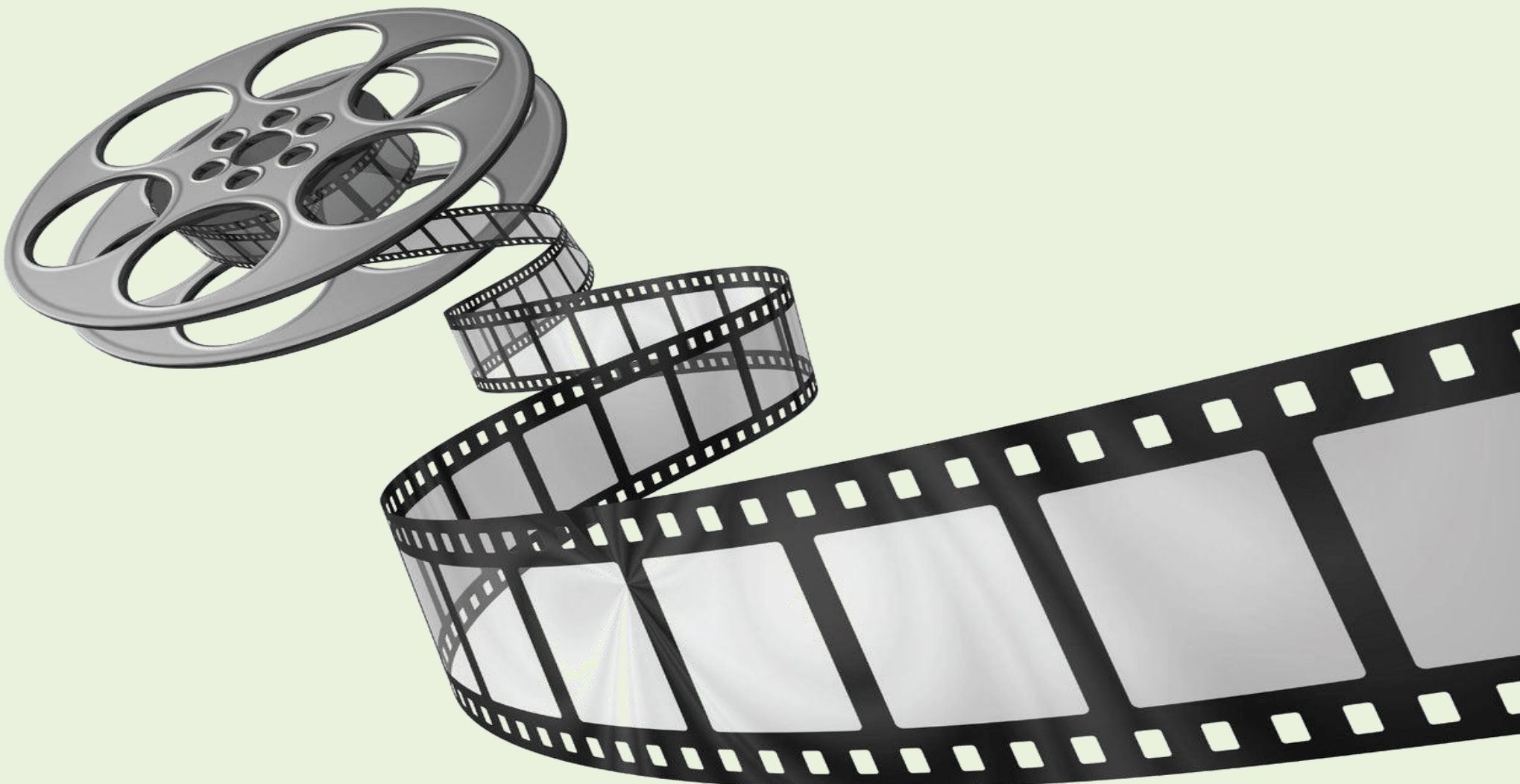
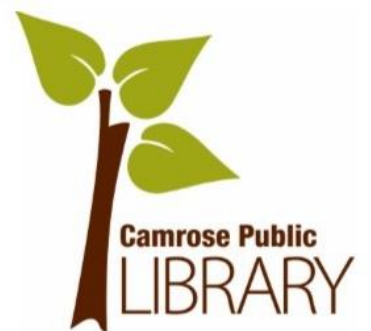
A special Death Café evening with



*The Hospice Society
of
Camrose and District*

May 2
6:30 PM

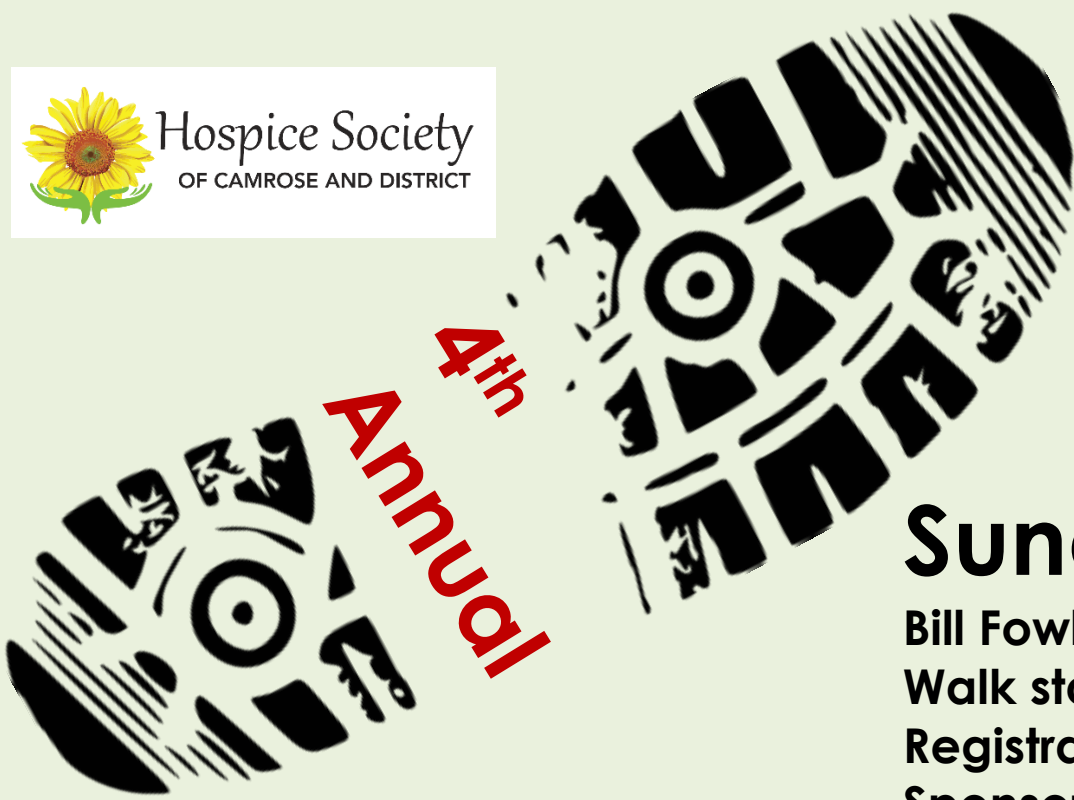
at





May 7, 2017:

4th Annual Hike for Hospice to be held at the Bill Fowler Center. Come out and enjoy some entertainment, a hamburger and a walk around our beautiful Mirror Lake all in support of Hospice! A pledge sheet is attached.



HIKE for HOSPICE

Sunday, May 7/17

Bill Fowler Centre, Camrose

Walk starts at 2:00

Registration @ 1:15 or register online:

Sponsor forms: www.camrosehospice.org

INFO: Wanita: 780-678-6859

Burgers & drinks available.

Silent auction!

A family event – offering something for all ages and abilities.





Hike for Hospice 2017
Camrose & District Hospice Society
Sunday, May 7th

Participant Name: _____

Sponsor Name	Address	Phone #	Amt. of Pledge	<input type="checkbox"/> Cheque <input type="checkbox"/> Cash	Receipt
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Charitable Receipts provided for donations of \$10.00 or more
Thank-you for your kind donation!



May 25 & 26, 2017:

Attention!! Calling all willing volunteers. We need your help. The Hospice Society of Camrose and District has been given the opportunity to work 2 casino fundraisers right here at the local Camrose Resort and Casino! For this to be a successful event we need volunteers to help work the casinos. The dates and times are Thursday, May 25/17 3pm - 8pm., 8pm - 1am (2 shifts) And Friday May 26/17 3pm - 9:30pm., 9pm - 2:45am (also 2 shifts) Simple instructions will be given to you upon arrival at the casino. This is a unique opportunity to volunteer and serve the Hospice Society. Meals and food will be included for you to enjoy. Please contact board member John Person if interested in helping out. 780 679 7719, or email; alverperson@gmail.com



Widowers Kitchen:

This is a new program offered in partnership with other community organizations. It is an opportunity for a small group of widowers to gather, learn to shop for and prepare a healthy meal. Participants will enjoy time for sharing and fellowship. If interested, or if you know someone who is, call Bill at 780 878-5012 or email bill@insidewise.com for more information.



Hospice Society
OF CAMROSE AND DISTRICT

Widower's Kitchen

A six-week program for men of any age who have lost their spouse/partner.

The team will teach you how to cook a hearty three-course meal. Dine together as a group at the end of the session.

Call Bill Harder for info: 780-878-5012



The team:

Jocelyn Armstrong a Registered Dietitian, Judy Haselwood a red-seal chef, Evalynn Ross owner of The Dinner Diva and Bill Harder a Grief and Bereavement Coordinator.

Grief Walk:

This is held weekly on Wednesdays @ 9:30AM at the Camrose Recreation Center. No cost to attend except for the initial purchase of a walking pass from the city. Anyone experiencing the loss of a loved one is welcome to attend. Call Bill @ 780 878-5012 for more information.

