

## *Hospice Society of Camrose & District*

### OUR VISION

Compassionate Community

### OUR MISSION

To enable our community to support those facing advancing illness, death and bereavement through education that builds capacity for compassionate holistic care. To provide programs and services that help people experience dignity through end of life journeys.

### OUR CHARTER OF VALUES

**Physical Care:** Individuals under our care will be treated with comfort and dignity based upon best practices and principles

**Social Care:** Individuals under our care will be offered companionship and hospitality

**Emotional Care:** Individuals under our care will be provided refuge, restoration, and compassion

**Spiritual Care:** Individuals under our care will be nurtured in spirit through their living and their dying, attentive to their needs, within a compassionate environment

**Community Care:** Hospice will serve its community with a commitment to integrity in providing education on the themes of palliative/end-of-life care and grief and bereavement

## *Connecting to Nav-CARE*

Nav-CARE, as well as other Hospice programs, may be accessed by calling the Volunteer Coordinator.

587.322.9269

volunteer@camrosehospice.com



Volunteer Coordinator:  
Joy LeBlanc

*Hospice –  
Supporting People,  
Changing Lives*

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Hospice Society  
OF CAMROSE AND DISTRICT

Nav-CARE

Navigating  
Connecting  
Accessing  
Resourcing  
Engaging



Raising Quality of Life for  
Those Living at Home with  
Chronic Health Concerns

www.camrosehospice.org

587.322.9269

# Nav-CARE

## *The Goal of Nav-Care*

Nav-CARE seeks to improve the quality of life for individuals with advanced chronic illness via:

- Navigation services with Community partnerships
- Coordinated access to services and resources
- Promotion of active engagement of older adults.
- Reducing social isolation
- iPad lending library

Utilizing trained volunteers, the outcome of Nav-Care is that navigation services provide support, education and connection to resources in the community to help individuals improve their quality of life and remain in their community.

***Confidentiality:*** Your privacy will be respected, and all information shared with your volunteer will be kept confidential



Visits take place in-home, at the convenience of individuals needing support. In the spirit of Hospice these services are offered free of charge.

You will have the same volunteer for the duration of the program. Each visit will be about one hour in length.

During the visit, your Nav-CARE volunteer will spend time with you and your family member, learning about your experiences and needs. They will partner with you to access community resources that you deem helpful.

## ***How Can Nav-CARE Support You?***

Individuals living with advanced chronic illness in rural communities often have many symptoms and poor quality of life. Navigation services seek support for you in *your* community so that you may remain in your home as long as possible.

